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Picky Eater: Affordable Kitchen Luxuries

By Jolene Thym *12/10/2008*

POP TALK: This week I crunched into an alternative chip that so surprised me that I immediately opened all five flavors of Popchips, expecting to find a loser in the bunch. I didn't. I still love Kettle Chips, but these potato-based Popchips are a downright delicious alternative, and they're just the ticket for fighting that holiday bulge. Popchips have a fraction of the fat and a lot fewer calories per chip. The vinegar and salt flavor are punchy; the barbecue a little too sweet for me. The plain chips are my favorite. They can be found at most major grocery stores for \$2.99 for a 3.25-ounce bag.